



ACKNOWLEDGEMENT OF FEES

Bio-Identical Hormone Replacement Therapy (BHRT) New Patient Information

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Thank you for your interest in BHRT. The contents of this package are your first step to restore your vitality. We look forward to partnering with you to help you feel your best again. Please take time to complete the following items:

- Review BHRT Frequently Asked Questions (FAQs) found on our website at SyracusePlasticSurgery.com
- Call the office at (315) 299-5313 to schedule your hormone testing with Lindsey Gaworecki PA-C and to set up your first **Blood Draw** appointment with Kelly LPN or if you simply have additional questions.
- **Fill out the Health Questionnaire**, which will be given to you at your Blood Draw appointment. It can also be found on our website. Please be sure to print legibly and answer all the questions as completely as possible and **bring the completed forms with you to your initial consultation.**

Here are the steps to personalize your BHRT- (By Appointment)

1. Blood Draw

- **Female patients** will have the following tests – Estradiol, Progesterone, Testosterone, DHEA, Vitamin D, FSH, LH, Homocysteine and H&H
It is recommended that all female patients have current mammogram (done annually going forward) and current annual pelvic exam
- **Male patients** will have the following tests – Testosterone, Estradiol, DHEA, H&H, Vitamin D, Homocysteine and PSA
It is recommended that all male patients have current PSA and digital Prostate Exam

2. Your **Initial Consult Appointment** will be scheduled at least *2 weeks* from your blood draw where we will go over your lab results, discuss your health history, and give you the opportunity to ask any questions.
3. During your **Insertion Appointment**, your dosage will be discussed and the pellets will be inserted. The insertion takes about *10 minutes* from start to finish and is rather painless.
4. At the end of your 1st Pellet Insertion Appointment
 - Please schedule your follow-up blood draw with Kelly *4 weeks* after initial insertion
5. 30-day Follow-up Office Appointment
 - Lindsey will go over your 4-week lab results and discuss any changes in symptoms
 - Schedule second insertion and/or labs. *Note: Labs will need to be done prior to the 2nd insertion appointment.
6. Second Insertion Appointment
 - Evaluate labs and health questionnaire for symptom changes; address quality of life.
 - Schedule your next pellet insertion appointment

Hormone Replacement Fee Acknowledgement

Preventative medicine and BHRT is a unique practice and considered a form of alternative medicine. Even though our providers are board certified medical practitioners and NPs, insurance does not recognize it as necessary medicine but is considered like plastic surgery (Aesthetic Medicine) and therefore is not covered by health insurance in most cases.



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Our BHRT service is not associated with any insurance company, which means they are not obligated to pay the services. However, your *blood test* is processed through Lab Alliance and they are set up to bill your insurance (please check with your coverage to see what is covered). Our patients who have access to health savings accounts, you may pay for your treatment with a credit or debit card and in addition we accept Care Credit.

Blood Draw.....	\$20
(Pt responsible for lab charges from Laboratory Alliance)	
Initial Consult and Labs Review.....	\$100
Follow-up Office Appointment.....	\$100
Female Hormone Pellet Insertion Fee.....	\$375
If Progesterone Pellet is added	\$50
Male Hormone Pellet Insertion Fee.....	\$750
Male Hormone Pellet Insertion Fee (>2000 mg)	\$900

I understand I am financially responsible for all charges. I understand that payment is required at the time of service. I understand that I am financially responsible for any outstanding balances for services provided that are not fully covered by insurance.

Patient Name (Printed)

Patient Signature

Date